

# IT'S NOT TOO LATE!

## LATE SUMMER PLANTING GUIDE

### Root Vegetables

Root vegetables, or produce that grows beneath the soil, are great options for the late planters out there. Protected from the chilling air in the fall, things like carrots, potatoes, radishes, and turnips are nutritious and plentiful options to plant later in the season.

### Squashes

Members of the squash family (summer squash, zucchini, pumpkins, gourds) can be planted up until early August for a fall harvest! These vegetables have many nutritional benefits and aren't too irritated by an early frost!

### Cruciferous Veggies

Although the word cruciferous seems daunting, this category likely contains many of your favorite vegetables! Broccoli, cauliflower, and brussels sprouts aren't easily affected by frost, and actually thrive in our typical chilly fall weather. Easy to plant, easy to harvest, and easy to eat!



## Summer in New Hampshire

It's not a secret that New Hampshire has an incredibly short growing season. Most people think that as soon as the soil thaws, the clock is running to put plants in the ground. However, there are many common vegetables that can be planted beyond the traditional planting season!

Contrary to popular belief, your backyard doesn't need to look like the picture above to successfully grow your own vegetables. A deep flower pot, a 5-gallon bucket, or a small DIY garden bed can yield fresh produce from your porch. Covering outdoor plants with a small towel or blanket when expecting a frost can prevent damage to the produce and promote harvests into the fall. Growing, maintaining, and harvesting your own vegetables makes for a rewarding, fun, and healthy summer hobby!

